

**Ausgabe:** ZWP Zahnarzt Wirtschaft Praxis 12/20

**Thema:** Infektionsschutz durch ausgewogene Ernährung

**Autorin:** Birgit Schlee

---

### Literatur

- (1) Krall EA, Wehler C, Garcia RI, Harris SS, Dawson-Hughes B: Calcium and vitamin D supplements reduce tooth loss in the elderly. *Am J Med*111, 452–456(2001).
- (2) 2. Vermeer C, Jie KS, Knapen MH. Role of vitamin K in bone metabolism. *Annu Rev Nutr.* 1995;15:1-22. doi:10.1146/annurev.nu.15.070195.000245
- (3) 3. Theuwissen E, Smit E, Vermeer C. The role of vitamin K in soft-tissue calcification. *Adv Nutr.* 2012;3(2):166-173. doi:10.3945/an.111.001628
- (4) 4. Cranenburg ECM, Vermeer C, Koos R, et al. The circulating inactive form of matrix Gla Protein (ucMGP) as a biomarker for cardiovascular calcification. *J Vasc Res.* 2008;45(5):427-436. doi:10.1159/000124863
- (5) The Acid-Base Hypothesis: Diet and Bone in the Framingham Osteoporosis Study