

Ausgabe: Dental Tribune German Edition 6/2025

Titel: **Evidenzbasierte Prävention**
Plauekontrolle durch Mundspülungen mit antibakterieller Wirkung.

Quellen

1. Nazir MA. Prevalence of periodontal disease, its association with systemic diseases and prevention. Int J Health Sci (Qassim). 2017;11(2):72-80.
2. Institut der Deutschen Zahnärzte, Hrsg. 5. Dt. Mundgesundheitsstudie (DMS V). Köln: Deutscher Ärzte-Verlag; 2016.
3. Global oral health status report: towards universal health coverage for oral health by 2030. Executive summary. Geneva: World Health Organisation 2022. FACTSHEET: World Health Organization. (2023, March 14). Oral Health. Fact sheet. <https://www.who.int/news-room/fact-sheets/detail/oral-health#:~:text=Globally%2C%20an%20estimated%20%20billion,and%20changes%20in%20living%20conditions> (Zuletzt aufgerufen am 03.03.2025)
4. Sanz, M., et al. (2020). Journal of clinical periodontology, 47 Suppl 22(Suppl 22), 4–60. <https://doi.org/10.1111/jcpe.13290>.
5. Time to take gum disease seriously, the societal and economic impact of periodontitis. Economist Impact Unit EIU 2021
6. FDI World Dental Federation. (n.d.). *Home*. FDI World Dental Federation. <https://www.fdiworlddental.org/> (Zuletzt aufgerufen am 03.03.2025)
7. Weik, U., Shankar-Subramanian, S., Sämann, T. et al. “You should brush your teeth better”: a randomized controlled trial comparing best-possible versus as-usual toothbrushing. BMC Oral Health 23, 456 (2023)
8. S3-Leitlinie: Häusliches mechanisches Biofilmmangement in der Prävention und Therapie der Gingivitis. AWMF-Registernummer: 083-022, Stand: November 2018, Amendment: Dezember 2020.
9. Figuero E, Roldán S, Serrano J, Escribano M, Martín C, Preshaw PM. Efficacy of adjunctive therapies in patients with gingival inflammation: A systematic review and meta-analysis. J Clin Periodontol. 2020 Jul;47 Suppl22:125-143. doi: 10.1111/jcpe.13244. PMID: 31869441.
10. Kerr WJ, Kelly J, Geddes DA. The areas of various surfaces in the human mouth from nine years to adulthood. J Dent Res. 1991 Dec;70(12):1528-30. doi: 10.1177/00220345910700121001. PMID: 1774384.
11. Min et al.: Quantitative analysis of the effects of brushing, flossing, and mouthrinsing on supragingival and subgingival plaque microbiota: 12-week clinical trial. BMC Oral Health. 2024 May 17;24(1):575. doi: 10.1186/s12903-024-04362-y. PMID: 38760758; PMCID: PMC11102210.
12. Serrano J, Escribano M, Roldán S, Martín C, Herrera D. Efficacy of adjunctive anti-plaque chemical agents in managing gingivitis: a systematic review and meta-analysis. J Clin Periodontol. 2015 Apr;42 Suppl 16:S106-38. doi: 10.1111/jcpe.12331. PMID: 25495592.

13. Sanz M, Herrera D, Kebschull M, Chapple I, Jepsen S, Beglundh T, Sculean A, Tonetti MS; EFP Workshop Participants and Methodological Consultants. Treatment of stage I-III periodontitis-The EFP S3 level clinical practice guideline. J Clin Periodontol. 2020 Jul;47 Suppl 22(Suppl 22):4-60. doi: 10.1111/jcpe.13290. Erratum in: J Clin doi:10.1111/jcpe.13290
14. Mazhari F, et al.: The effect of toothbrushing and flossing sequence on interdental plaque reduction and fluoride retention: A randomized controlled clinical trial. J Periodontol. 2018 Jul;89(7):824-832. doi: 10.1002/JPER.17-0149. Epub 2018 Jul 20. PMID: 29741239.
15. Johnson & Johnson internal study: FCLGBP0048. Johnson & Johnson 2022
16. Araujo MWB, Charles C et al. Meta-analysis of the effect of an essential oil-containing mouthrinse on gingivitis and plaque. JADA. 2015; 146(8): 610-622